



LP: \_\_\_\_\_ Dates: \_\_\_\_\_ - \_\_\_\_\_

**Please add up your minutes!**

**\*\*\*GOAL: Gr. K-5 (400 minutes/month) 20 minutes/day**      **Gr. 6-12 (800 minutes/month) 40 minutes/day**

# Physical Education Log - Summary Page

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**What was your favorite activity this month and why?**

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**How have your skills and/or physical endurance improved this month?**

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**List your P.E. goals for next month:**

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