

Grade:

Student Name:

LP:	Dates:				
	Date	Activity	Skill Practiced	Time	
Example:	8/28/07	Swimming	Butterfly stroke	30 min.	
Please add up your minutes!					
	<u> </u>		TOTAL	TOTAL TIME:	

***GOAL: Gr. K-5 (400 minutes/month) Gr. 6-12 (800 minutes/month) 20 minutes/day

40 minutes/day

Physical Education Log - Summary Page

What was your favorite activity this month and why?				
How have your skills and/or physical endurance improved this month?				
List your P.E. goals for next month:				