**Foster/Homeless Youth Resources**

The following resources are available to students. For more assistance please contact the JCS Foster/Homeless Youth Liaison:

Claire Roush

619-832-1220

croush@jcs-inc.org

[Rights of Students Experiencing Homelessness](https://drive.google.com/file/d/1-SWCmVBc8jilTBx3EouJUHWSK6o3tM7n/view?usp=sharing)

**Resources in San Diego County**

**Tutoring**

Uplift San Diego: <https://www.upliftsandiego.org/>

Schools on Wheels: <https://schoolonwheels.org/>

**Low Cost Summer Programs**

Joan Kroc Center: <https://sd.kroccenter.org/kroc-san-diego/camp>

**Housing**

[Father Joe's Village](https://my.neighbor.org/)

[San Diego Rescue Mission](https://www.sdrescue.org/):

**Health**

Vision - [VSP Eyes of Hope](https://www.vspvision.com/eyes-of-hope/get-help.html)

**Internet**

[Cox Cable low cost internet](https://www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity)

**Transportation**

[Youth Opportunity Pass](https://www.sandag.org/projects-and-programs/regional-initiatives/transit-equity-pilot/youth-opportunity-pass):

[HopSkipDrive](https://www.hopskipdrive.com/families)

**Resources in Riverside County**

**Tutoring**

Schools on Wheels: <https://schoolonwheels.org/>

**Low Cost Summer Programs**

**Housing**

**Health**

Vision - VSP Eyes of Hope: <https://www.vspvision.com/eyes-of-hope/get-help.html>

**Internet**

**Transportation**

HopSkipDrive: <https://www.hopskipdrive.com/families>

# **Riverside County Family Crisis Resources (Including Hemet & Riverside Area)**

**This quick reference guide provides emergency housing, food assistance, domestic violence support, and referral resources for families in crisis across Hemet and broader Riverside County.**

## **Emergency Housing & Shelter**

**Valley Restart Shelter (Hemet)**

Emergency shelter, food, and clothing.

📍 200 E. Menlo Ave, Hemet

📞 (951) 766-7476

🌐 [valleyrestart.info](http://www.valleyrestart.info/)

**Alternatives to Domestic Violence (ADV)**

Safe housing and support for domestic violence survivors. Serves Western Riverside County.

📞 Crisis lines: (951) 683-0829 (Riverside area) or 1-800-339-SAFE (7233)

🌐 [ADV website](https://www.alternativestodomesticviolence.org/)

**Safe Haven Locations (Riverside Area)**

Assistance with restraining orders; support centers in Riverside and Corona.

🌐 [Riverside County Domestic Violence Services](https://rivcodpss.org/domestic-violence-services)

**His Daughters House (Riverside County-wide)**

Rapid rehousing and supportive services using a Housing First model.

✉️ intake@daughtershouse.org

📞 1-888-413-9008

🌐 [His Daughters’ House](https://www.hisdaughtershouses.org/)

**Operation SafeHouse (Riverside & Thousand Palms)**

Crisis intervention shelter, outreach, and transitional housing for youth.

🌐 [Operation SafeHouse](https://operationsafehouse.org/)

**Riverside-Specific Shelters**

* Riverside Community Shelter: 2840 Hulen Place, Riverside – general emergency shelter.
* Path of Life Family Shelter: 2530 Third St, Riverside – family shelter.  
    
   🌐 [Housing Authority & Shelter List](https://harivco.org/program/emergency-services-and-other-resources)

**Home Connect (Countywide Coordinated Entry)**

Intake and referral for emergency and transitional housing.

📞 1-800-498-8847

🌐 [HomeConnect Housing Assistance](https://rivcodpss.org/temporary-housing-assistance)

## **CalFresh & Food Assistance**

**DPSS – CalFresh**

Apply by phone: 1-877-410-8827 (M–F, 8 am–5 pm), in person, or by mail.

🌐 [CalFresh Food Assistance](https://rivcodpss.org/calfresh-food-assistance)

**Online Applications**

* [GetCalFresh](https://www.getcalfresh.org/) – apply online quickly, track documents, upload files.
* [BenefitsCal](https://benefitscal.com/) – access CalFresh, Medi-Cal, CalWORKs, and more.

**Expedited CalFresh**

Domestic violence survivors may qualify for expedited service (benefits within 3 days).

🌐 [Expedited CalFresh Info](https://calfresh.guide/expedited-emergency-calfresh-benefits/)

**Inland Empire Food Bank Outreach**

Offers application assistance and CalFresh eligibility screening.

🌐 [Inland Empire Food Bank – CalFresh](https://www.feedingamericaie.org/calfresh)

## **Other Key Supports & Referrals**

**SAFE Family Justice Centers**

Legal advocacy, restraining order assistance, emergency and relocation support, counseling, victim compensation help.

🌐 [SAFE Family Justice Centers](https://www.safefjc.org/)

**Riverside County “Get Help” Resource Line**

Referrals for housing, food, legal help, medical, mental health, and domestic violence.

📞 Dial 211 or (800) 464-1123

🌐 [Riverside City “Get Help”](https://riversideca.gov/hhs/get-help)

**Legal Assistance & Helplines**

* Inland Counties Legal Services: domestic violence intake line 1-888-245-4257; support for DV survivors.
* Other national/local hotlines: National DV Hotline (1-800-799-7233), etc.  
    
   🌐 [ICLS Domestic Violence Resources](https://www.inlandlegal.org/get-help/domestic-violence-resources/)

**Public Health & Healthy Living Programs**

CalFresh Healthy Living supports nutrition education, farmers markets, healthy lifestyle through RU Health.

📞 (951) 358-5311

🌐 [CalFresh Healthy Living – Riverside County](https://ruhealth.org/public-health/calfresh-healthy-living)

## **Mental Health & Crisis Support**

### 951-686-HELP (Crisis Support System of Care)

Free, confidential 24/7 helpline for behavioral health crises, with bilingual counselors.

Mobile Crisis Response Teams available for urgent, in-person support.

🌐 [RUHealth – Crisis Support System of Care](https://ruhealth.org/behavioral-health/crisis-support-system-care)

### **Mobile Crisis Response Teams (24/7)**

Therapists, specialists, peer support for behavioral health crises across the county.

### **🌐** [**Riverside County Mobile Crisis Services**](https://rivco.org/news/riverside-countys-mobile-crisis-response-behavioral-health-goes-247)

### **24/7 Mental Health Urgent Care Centers (MHUC)**

* Riverside: 9890 County Farm Rd, Riverside, CA 92503 / (951) 509-2499
* Perris: 85 Ramona Expressway, Ste. 1-3, Perris, CA 92571 / (951) 349-4195  
    
   …plus one in Palm Springs  
    
   🌐 [RUHealth – Mental Health Triage Services](https://ruhealth.org/behavioral-health/county-mental-health-triage-services)

### **CARES Line**

Mental health support and referrals across Riverside County.

📞 (800) 499-3008

🌐 [Murrieta Mental Health Resources](https://www.murrietaca.gov/1313/Mental-Health-Resources)

### Peer Support & Anonymous Chat

“Take My Hand”: live peer chat support with individuals who have lived mental health experience.

🌐 [RUHealth Behavioral Health](https://www.ruhealth.org/behavioral-health)

Community Connect – NAMI Helpline

### **Free crisis/suicide support in 120+ languages (phone, chat, SMS, email).**

📞 951-686-HELP (4357)

🌐 [NAMI Western Riverside – Resources](https://www.namiwesternriverside.org/resources)

211 / Community Connect

24/7 referrals for mental health, housing, food assistance, counseling, etc.

📞 Dial 211 or (800) 464-1123

🌐 [Riverside County Crisis Intervention](https://rivcodpss.org/crisis-intervention)

988 (National Suicide & Crisis Lifeline)

Free, 24/7 support via phone or text (English/Spanish and TTY access).

📞 Dial 988

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